

Keys to Personal Success Satisfaction is an "Inside" Job

The person determined to achieve maximum success learns the principle that progress is made one step at a time. Every big achievement is a series of little accomplishments.

-- David Joseph Schwartz

The views expressed in this presentation are my own and do not imply endorsement by the Office of the Director of National Intelligence or any other U.S. Government agency.



Dr. Patricia Taylor
Chief, Intelligence Community
EEO and Diversity
(703) 275-3541
Patricia.T.Taylor@ugov.gov

The Six Keys



- *Set Personal Goals*
- *Be Optimistic*
- *Become an Asset*
- *Build Your Network*
- *Build In Time For Renewal*
- *HANG IN THERE!*

2

Set Personal Goals

- **Set Personal Goals....and Measure Your Own Progress**
- **Know Where You've Been and Where You Want to Go**
 - Map Your Timeline, and Lifeline
 - Develop a Short- and Long-term Plan
- **You May Be Right...But Are You Getting the Results You Want?**



3



Be Optimistic

- Celebrate Every Achievement
- Avoid “Dranos”... and Don’t Become One
- Watch Your “Diet”
- Encourage Yourself
- Keep Set-backs and Mistakes in Perspective

The richness of life, the love and joy and exhilaration of life can be found only with an upward look. This is an exciting world. Great moments wait around every corner.

-- Richard M. DeVos

4

Become an Asset

- Identify *and Solve* Problems
- Become an Expert
- Play to Your Strengths... and Learn New Skills
- Be Flexible
- Be a Team Player
- Listen...Talk....Read....Ask Questions



5

Build Your Network

- Get Involved!
- Join and Get Active In Agency and Other Organizations
- Get and Be a Mentor
- Create Personal Partnerships and Alliances



6

Build in Time for Renewal

- Know the Signs Of Burnout
- Find Your Passion
- Get and Be a Trusted Friend
- Take Some Time to Reflect
- Reach Out to Help Others



7

HANG IN THERE!

- It's a Marathon...Not a Sprint
- Pick Your Battles
- Take a Chance...Take a Risk
- Confront Your Fears
- NEVER GIVE UP!



The power to hold on in spite of everything...to endure—this is the winner's quality. Persistence is the ability to push on in the face of great difficulty.

-- Unknown

8



I gain strength, courage, and confidence by every experience in which I must stop and look fear in the face. I say to myself, I've lived through this and can take the next thing that comes along. We must do the thing we think we cannot do.

-- Eleanor Roosevelt

Create the highest, grandest vision possible for your life, because you become what you believe.

-- Oprah Winfrey

Class of 2004!

9
